



Newsletter

Friday 3rd December 2010

Principal (Rel)

Ray Brooks

Assistant Principal (Rel)

Hayley O'Connor

Head Teacher Secondary

Studies Kate Blunt

School Calendar

Thursday 9th

December– Graduation
Night

Tuesday 14th

December 2010–
Presentation Night

SCHOOL TERM

DATES 2010

TERM 4 -11th

October 2010 - 15th

December 2010



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Principal's message,

Last week three members of staff, myself, Melinda Gibbs and Brett Willis attended a two day Positive Behaviour for Learning workshop in Bathurst with the view of introducing the program to our school next year. We all came away from the workshop impressed with the program and the school staff have now decided to implement the program. The program is aims to be proactive in dealing with student behaviour, highlighting the positive aspects of student behaviour rather than being reactive in dealing with negative behaviour. The program is implemented over a number of years and will require further staff training. This week I attended a workshop in Dubbo relating to Mindmatters. This program deals with students emotional and physical wellbeing and would work in well with Positive Behaviour for Learning.

During the upcoming school holidays it is important that your to read at home. Here are some tips to help you in encouraging your child to read:

- Be yourself and involve your child in everyday conversations from an early age.
- Read aloud to your child. It will help your child to learn the language of books and encourage the enjoyment of books and reading.
- Talk about books together - make reading a shared, enjoyable activity.
- See that there is a range of reading material for your child at home, both fiction and non-fiction.
- Try not to let television intrude on reading time - set aside some uninterrupted time to read with your child.
- Listen to your child read every day, even if only for a short time.
- Give books as treats and presents.
- Discuss the meanings of stories and words.

Ray Brooks

School Attendance

Our target this year



91%

Attendance for last week 96.8%

Attendance
last year

88.5%



Attendance

Term 1 - 88.8%

Term 2 - 83.2%

Term 3– 84.5%

Primary News



Tie Dying

Year 3/4 have tie dyed some tea towels during craft. Here are some instructions for tie dying your own things.

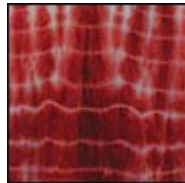
What You Need:

- various colours of fabric dye (available in the Ridge chemist)
- rubber bands
- rubber gloves
- marbles
- tap water

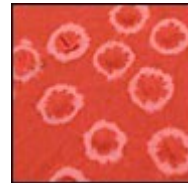
garments such as t-shirts, cotton shorts, old jeans, etc.



sunburst



lines



circles



marble and several rubber bands



rubber bands only



marble and one rubber band

What You Do:

Begin by rubber banding your garment according to the design you wish to achieve. See the pictures below followed by the method in which to reach that result.

Prepare dye according to package directions. Be sure to wear rubber gloves to protect your hands! Dye can be just as damaging as bleach to your unprotected skin. Please take the proper safety precautions recommended.

Once your garment is ready, place in the dye for at least 15-20 minutes. The longer the garment remains in the dye, the darker and deeper the colour will become. Remove from the dye and rinse according to package directions, usually in cold running water. Ring out garment until water runs clear.

Carefully remove rubber bands and marbles to reveal your new design! No design will be the same as another and different effects can be reached by combining the different methods mentioned above. See below for our results and be sure to have a good time!

CRL Business Services Camp Dubbo Week 7

What a blast!!! Shay, Reba, Keiha and Taniell Travelled to Dubbo for the CRL Business services camp. The week was to tick off TAFE competencies by learning and holding a CRL carnival. The week was brilliant, and made Business Services fun, especially in the evenings with skirmish, movies "Life as we know it", Ten pin bowling, zoo, pizza night, late night shopping. And the CRL teachers were great.



Baby Book Draft Discussion!

8th December 1pm, Dhiiyan Guumali

Our baby book 'Growing Up Strong Birrali-djuul' (remember the photo shoot back in May) is now in draft stage. To have input into it's final stage please come along.

All welcome-you all know things about Goodooga!
Afternoon tea provided if you would like to have input into the final product!! For more information call 68296257

GOOD TUCKER

Great Cook Mindy Gibbs and guest Chef Ana cook up a storm with Parents/Carers and their school age children to prepare a meal to take home to their family that night! A great way to feed your mob!

Every Wednesday in Term 4! 3:00- 5:00pm

Where: Goodooga Central School Home Economics Room

Women's Fitness Sessions

**Monday & Thursday 4-5pm
@ The Bowling Club.**

- *Get fit for FREE!!!! Have fun!!!!*
- Loose weight if you need to.
- Prevent or treat Diabetes!
- 1 person wins a Fruit & Veg box every session! Donated by NSW Outback Division of General Practice.
- Join 'Healthy Hips' by registering your current weight and try to get closer to a healthier range! Prizes to the value of \$200 for Weight Reducer, Greatest Participation, Waist Reducer.
- Get a free 'Fitness & Nutrition Record Book'
- Win daily prizes: Cook books....

It's hip to be
Healthy! Get
Healthy Hips!

Check List

- Towel
- Hand weights if desired
- Bottle of water
- Wear joggers
- Wear light clothing, and bring something a bit warmer for after.

WARNING!!!!

Consult your Doctor before beginning a new exercise regime or diet. Do not start exercising without a Doctors advice if you're are pregnant, suffer ill health or medical conditions. Please be aware that your Facilitators in the Women's Fitness sessions are not experts and you must consider your own health and physical well-being.

Brought to you by DET, Families NSW, NSW Outback Division of General Practice, Goodooga Health Service, Goodooga Community Co-Operative..





Don't forget !!

Homework Centre for Primary & Secondary students is at the Youth Centre every Monday at 3.15pm.

VISTING GOODOOGA HEALTH SERVICE

Thursday 16th December 2010– Diabetes Educator

Thursday 16th & Friday 17th December 2010 – Dr Mark Young

Wednesday 22nd December - Child & Family Health

**(PLEASE DROP IN OR GIVE US A CALL FOR BOOKINGS
ON 02 6829 6311)**

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EVENT S COMING UP

YEAR 6, 10 & 12 GRADUATION

Thursday 9th December 2010
School Hall

G.C.S PRESENTATION DAY

Tuesday 14th December 2010
School Hall

END OF TERM 4
Wednesday 15th December
2010

**MERRY CHRISTMAS & A
HAPPY NEW YEAR!!**

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21 days until Xmas



AECG MEETING Term 4

Wednesday 8th December 3pm
@ Dhiiyan Guumali room

The AECG is your chance to move the school into the future & be active in school decisions.

THANK YOU !!!

Marie Barrs & Ron Mason would like to say a **big thank you** to the community members for all the help and support that has been offered to assist with the canteen.



Dates for your calendar

Last day of Term 4 2010

Wednesday 15th
 December 2010

First day of Term 1 2011

Monday 7th
 February 2011
(All students start back)

Town GARAGE SALE

Sunday 5th December starting 9am.

- Want to make a little cash before Christmas?????????????
- Want to unclutter, make space, get rid of dust collectors?????
- Are you throwing things to the tip that someone may buy?
- Start sorting stuff now! Organise stuff to sell– from old junk, furniture, clothes to artworks!!!
- For the day get some change, plastic bags and newspaper to wrap items, a balloon or streamer for front fence and watch customers, ask for reasonable prices– after all you want it sold!

The aim of the day is give the community something to do-together.
 Families walk around together!

If it is successful we may be able to have community markets next year.

For more information see Lorina or call on 68296257.

Community Events

Monday 6th December

Monday 6th	Women Fitness Lesson 4-5pm @ the Bowling Club
Tuesday 7th	Play Group—10-12 noon @ Dhiyan Guumali room!
Wednesday 8th	Community Bus Run– Lightning Ridge Depart at the Post Office at 9am, Baby Book Discussion Group 1pm @ Dhiyan Guumali room AECG meeting 3:00pm @ Dhiyan Guumali room Good Tucker - 3.00pm - 5pm @ School Home Ec. Room
Thursday 9th	Women Fitness Lesson 4-5pm @ the Bowling Club, Graduation Night
Friday 10th	Community Bus Run– Lightning Ridge Depart at the Post Office at 9am

Commencing Monday 13th

December

Monday 13th	Women Fitness Lesson 4-5pm @ the Bowling Club
Tuesday 14th	Presentation Day - ALL WELCOME!!
Wednesday 15th	Last Day Of School
Thursday 16th	Have a merry Christmas and a happy year!!! Safe Holidays
Monday 7th February	School Commence 'all students'